

Part 4 How to Anoint Yourself and Others

Is anointing part of the Christian doctrine or is it just an old testament concept?

In the Old Testament we see Moses anointing the Tabernacle and all the utensils therein.

And thou shalt take the anointing oil, and anoint the tabernacle, and all that is therein, and shalt hallow it, and all the vessels thereof: and it shall be holy. (Exodus 40:9 KJV)

The prophet Samuel anointed David as king.

Then Samuel took the horn of oil and anointed him in the midst of his brethren: and the Spirit of the LORD came upon David from that day forward. So, Samuel rose up, and went to Ramah. (1Samuel 16:13 KJV)

In the New Testament we see the disciples of Jesus anointing the sick for healing.

And they went out and preached that men should repent. And they cast out many devils, and anointed with oil many that were sick, and healed them. (Mark 6:12-13 KJV)

So, what is the purpose of anointing? From the examples in the bible we can identify three main principles in anointing:

1. For cleansing (the sanctuary and its objects);
2. For dedication or consecration (set apart for God);
3. For healing (the sick).

Can anyone anoint? Here is a question for you. Are you a disciple of Jesus? If you are, then you can do the anointing as per the scriptures earlier.

However, women should not anoint men for dedication purposes. They can anoint their children for dedication purpose if they are either divorced or have an unbelieving husband. Spiritual authority should be followed as per scripture:

But I would have you know that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God. (1Cor. 11:3 KJV)

When should anointing be used? When the Holy Spirit prompts you. When He does, it will be in line with one of the three main principles we discussed.

How is the anointing done?

1. Take some cooking oil and pour it in a small container;
2. Bow on your knees and ask God in prayer to sanctify the oil:
Example prayer: *Abba Father, I ask you to sanctify this oil in the name of Jesus;*
3. Dip your point finger and anoint the person or the object.

Example prayer for cleansing purpose:

Abba Father, in the Name of Jesus I anoint this object and ask you to cleanse it and sanctify it. Amen.

Example prayer for healing purpose:

Abba Father, in the Name of Jesus I anoint (name of person) and ask you to heal him from the sickness upon his body for your glory. Amen.

The dedication anointing will be discussed in the next two sessions, part five and six.

Caution: *Always ask before you anoint someone if they live in active sin, or if they have unconfessed sins and especially unforgiveness. If that is the case you shouldn't anoint them until they have confessed and turned away from their sins. Also, do not anoint an unbeliever unless the Holy Spirit specifically instructs you to do so.*